

# Laminating Recommendations

Our lamination method was studied in a multi-center clinical study involving 11 Montessori classrooms in the US and abroad with enrollment of over 240 students. Based on the results of that study (which can be read at [www.maitrilearning.com/research](http://www.maitrilearning.com/research)), we recommend the following:

- Use a 5 mm laminate (pouch or roll)
- Round the corners on all cards with scissors or a corner rounding machine (available as a hand punch at craft stores or as a manual stack corner rounder such as the Diamond 1 or the CR-20 which can be found at many internet stores)

If you prefer unlaminated cards (as do many AMI teacher trainers), glue our unlaminated cards onto card stock. If you are printing material you intend to laminate, we recommend printing on a heavyweight paper (32 lb. or 80 lb.) and NOT card stock. Card stock tends to pull away from the laminate; it does not adhere well.

We do NOT recommend using a 1.5 mm laminate as this was difficult for children to lift off the table and thus produced the probability rather than the possibility of damage to the cards (e.g., bending/folding/creasing).